



the vitals



shower gel

shampoo/conditioner

sun tan lotion / aftersun

deodorant

wet wipes

lip balm

toothbrush & toothpaste

hairbrush & accessories

hand luggage friendly toiletries (100ml or less)

contact lenses & solution

insect repellent

make up kit

extras

a beach bag

sun hat

sunnies

clothes & shoes

day & evening dresses

a light jacket or cardi

underwear (including a strapless bra)

flip flops (thongs if aussie)

shorts/skirts

pj's

beach towel

a pair of flats

tees & vests

bikinis / cozzi

heels, heels & more heels!

electronics

phone & charger selfie stick (for insta)

travel adapters

straighteners / curlers

headphones / portable speakers

other bits

sterling (just incase)

credit card (for emergencies)

RESFEBER emergency number

heels, heels & more heels! (because sometimes more is more)

